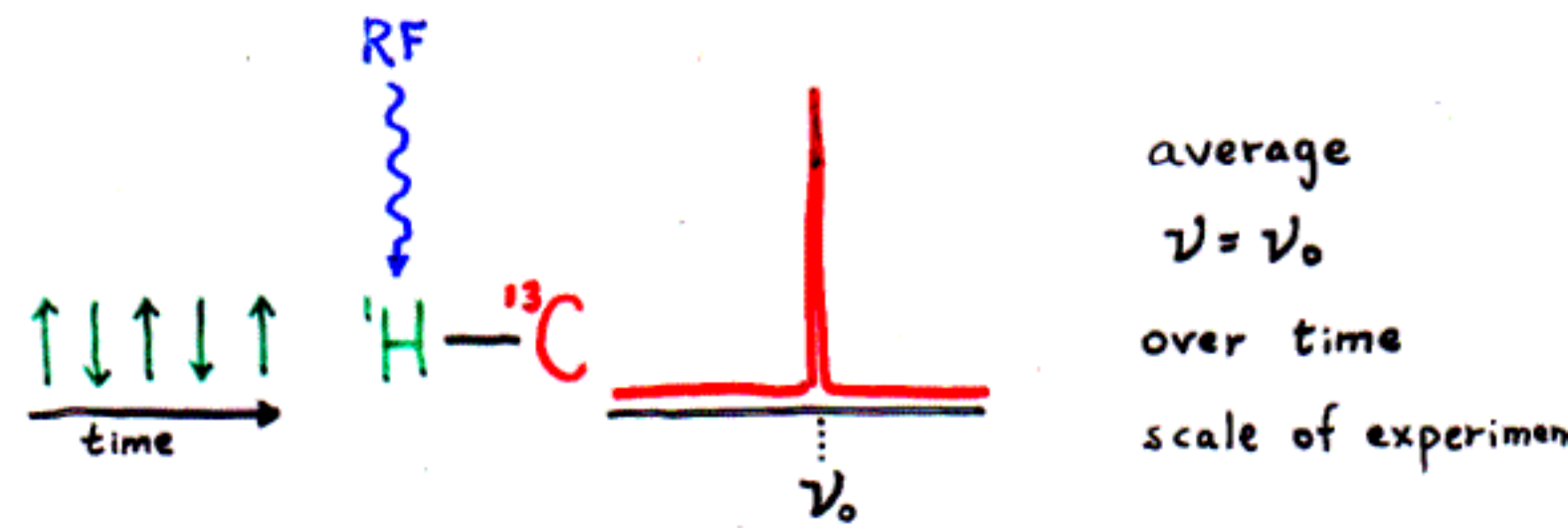
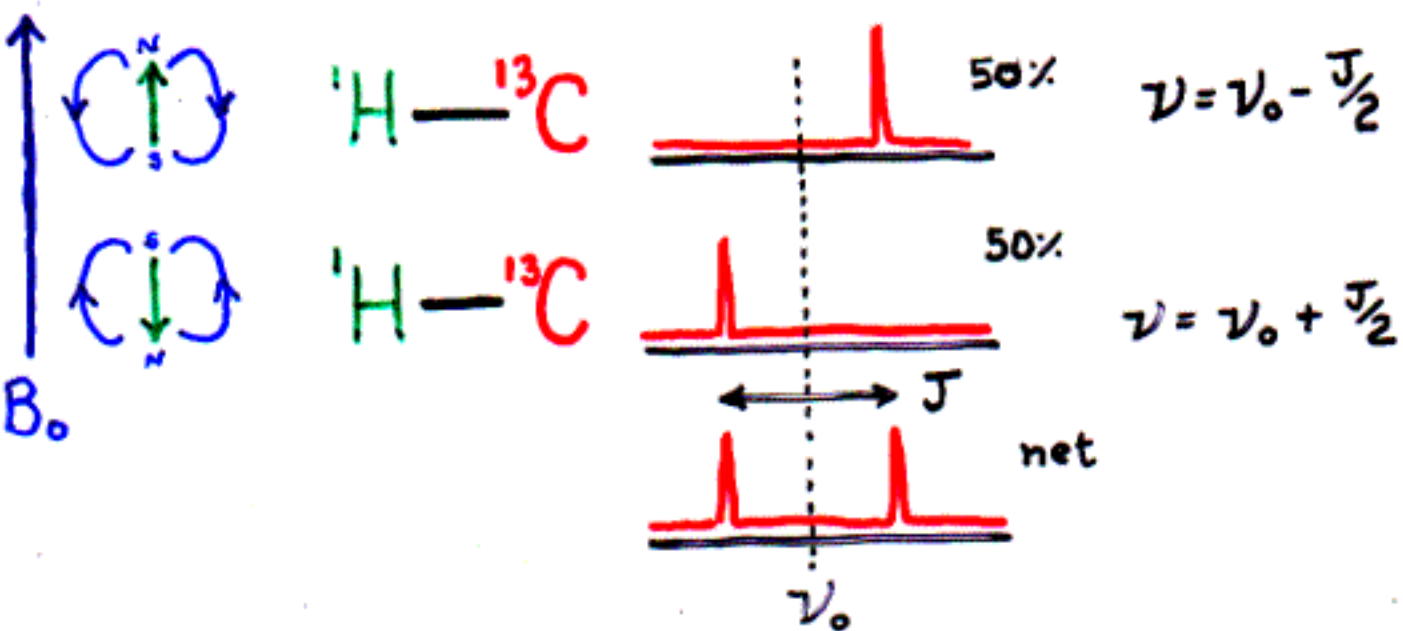


Decoupling



"time scale" = $\frac{1}{J} = \frac{1}{150 \text{ Hz}} = 6.7 \text{ ms}$